The 9-week Dragon Meditation course with Kat Schutte has truly transformed my life. The support, guidance, courage, and strength I encountered from the dragons, and continue to receive every day, is something that needs to be experienced to be fully understood. I no longer doubt myself as I once did. Instead, I am surrounded by unconditional love, Grace, and reverence. These majestic creatures are magical and incredibly powerful. I have grown to love the dragons as they breathe loving light into the core of my being. I am thrilled to recommend this course to you. If you believe in an abundance of love and light, then this course is for you. Thank you, Kat Schutte, for making this course come to life.

Angeleen

The dragons give me so much energy, they clear my mind and body. I always feel lighter and more alive after a session. They are a great tool to have in my energy toolbox for managing difficult situations and people. Kat is an incredible facilitator and always intuitively brings into the session exactly what is needed. The Dragons are powerful and playful and I am so grateful to Kat for this incredible healing modality

Susan King



I was very grateful to join the dragon mediation with Katelijn. She has been my teacher for the last 15 years, and she has a true talent for making everyone feel safe, encouraged and curious to explore and learn. The things I learned from Katelijn have changed my life in many ways, and the dragon mediation has always been one of my favourites. The most beautiful thing for me about the dragon meditation is that it is almost limitless. Every dragon has his/her own character, his/her own magic. There are always new things to discover, new phases in your life where different dragons can help and guide you. This new course gave again completely new insights and showed me new worlds and possibilities. The meditation can help with raising your energy level, healing yourself on a physical, emotional and spiritual level, finding true connections in friendships and love and so much more. And the dragons are a lot of fun as well. You can play with them, fly with them, dance with them, anything you want. They can show you new worlds, they can show you old wounds and new paths. Also, they are wonderful as a quick fix in daily life, when you maybe feel unbalanced or tired or overwhelmed, they help you to feel grounded, protected and energized again. I am very grateful I was able to join the new course and will continue to work with the dragons for sure. Jolijn van Reenen

Dragon Meditation has had an enormous impact on my life over many years. It has empowered me to take my health and wellbeing into my own hands, to become more aware of my energy and how I interact with people. Each session takes me on a journey to unfathomable places of healing. It is so visual and purposeful and the only form of healing/ meditation I truly enjoy. Nicole Barnes



I have had the pleasure of working with Dragon Energy for close to 10 years now and I will still never forget the first time Kat tested me to see if this would be of benefit. The reading was off the scale, and from the very first session I could understand why. Working with these incredibly powerful yet gentle beings has been life changing.

Foundationally, they provide grounding, stability and an endless supply of energy as needed, which for me in itself was a game changer. Being an empath and so sensitive to the world around me has been draining, so even something that seems so simple as these, has had such a profound effect on my life experience.

It is so much deeper than that though, there is such a special bond and uniqueness to each dragon and the areas in which they work, and this has been the ultimate gift for me. It is like having guides and protectors by my side or in my pocket, ready to support me in any way I need.

Through getting to know the Dragons, and working with them individually and in groups (they are very good at letting you know who is the perfect choice to help) my love and understanding about myself and my body was reclaimed, my creativity has been set alight and my confidence in a world I felt on the outside of was restored.

These beautiful Dragons are honestly gifts that keep on giving, from energy alignment, cleansing, healing, messages about myself, my body and guidance, they give it all and in such a loving and fun way. For anyone who is open to working with energy, I highly recommend seeing what the Dragons can bring into your own life.

Ashlee



Kat created a beautiful safe space as she guided the group into a deep meditative state and allowed me to access powerful insights relating to my now and my future self and helped clear physical and spiritual obstacles on my path.

**Russell Thomas** 

Dragon meditation for me is a great way to feel connected to people and life, explore life questions, to deal with undealt emotions and life events. It's a very powerful way of healing and realising dreams and life wishes by connecting with the universe.

Kim van Dijk

Dragon meditation takes me to a place where I can nurture my soul, feel protected and self reflect. It's me time which means I can be a better person to my family and friends but also be nicer to myself. I always leave the dragon meditations feeling back on track and energised. Thanks Kat for bringing dragons into my life

Bianca

Still buzzing from the meditation last night! Thanks ever so much you are an amazing teacher and beautiful person. Love Love

Thea Kimber



I was introduced to Kat and her dragon meditations many years ago and instantly felt a connection to what she teaching. When Kat offered this dragon workshop again this year, I jumped at the chance to participate. My family and I have made a massive move across the country and it felt like the perfect timing to get into the dragon meditations again. Working with the dragons has helped me tap into my inner knowledge, both to receive messages to help my health (emotional, mental and physical) as well as to help my family navigate this tumultuous time. The dragons bring me clarity, peace and love and it is instant. It is something I can do driving the kids to school, when I'm doing my dishes or when I have a quiet moment to myself. Kat is an intuitive, kind and knowledgeable facilitator and I cannot recommend doing a dragons course with her enough. I have loved having my dragons back in my life!

Krista

I found Kat's dragon meditation program to be fun, healing and unlike anything else I've ever experienced. At its essence I found it to be a visualisation technique that's also highly somatic, but its applications are seemingly endless.

I absolutely loved participating in the program – it was one of the highlights of my week. It helped me build self-awareness in my mind, body, and soul. It connected me with my ethereal guidance and with the Earth. It gave me really easy ways to protect myself energetically and to remain mindful.

Kat is an amazing master of energy, and she took us on journeys with our dragons that I can't really believe even happened. The way she teaches this program is highly intuitive, and the practice is designed to always keep us safe.

Now, after the course, I use my dragons to remind me of what's important for my wellbeing. They calm me, help me to be creative, protect me, heal me and send love to other people.

Cath



# What Clients have said during Dragon sessions in the online group chat...

Absolutely amazing - I have never channelled an entity that resulted in a physical manifestation of a living creature before!!

What an amazing thing to experience - life on earth! ... and that blue dragon is telling me to let you know ... it is all one. - Cath

This type of healing is both very old and very futuristic. It is a type of lost knowledge, that gives me goosebumps for its potential. We are such crystalline beings, so plastic, so plasmic! Yet we just don't know it. The Dragons really are the rubber hitting the road, of practical, accessible multidimensional living....that manifests into our physical form. - Susan

Black dragon was INCREDIBLE. I forgot how at peace and connected I could feel. I 'swooshed' immediately to the outset skirts of the galaxy and it was just so freeing and so peaceful, like nothing to worry about because we are everything and it is never ending

My soul was like a kaleidoscope of colours shining around and so fun, I will be doing this one again and again I just loved it. The messages all came to the same, let go, you are on the path, let go and just enjoy it. **3** Ashlee

Last night's first meditation was EPIC for me. Black dragon every time - letting my soul rampage through wild places. I also received really clear guidance on some questions I asked. Also, though ... the angel of death!!! Did that really happen? It was the most incredible and beautiful experience I have ever had in a meditation and maybe even in my life. ... Yes, even that, well almost 💇 🕏 It was like an infinitely more intense version of slowly eating smooth dark chocolate - but throughout my entire body and soul - I didn't want to come back honestly. Incredible!!I'd love to know what others experienced. Cath

It took me a while to recover after the beautiful black dragon I was very emotional (thanks for the debrief after Freya) it was an EPIC experience Wow Wow I don't know if I could articulate the experience well enough but WOW - Nik



#### What Clients say about working with Kat

There are moments in time when you connect with someone that can support you to make transformational changes in your life. Kat is one of these people. Over a two year period I learnt to connect with, listen to and trust my spiritual guidance. I let go of old patterns that where holding me back from realising my life purpose. The tools and teachings Kat shared will stay with me for life. I would recommend her to anyone that is ready to let go of old patterns and connect with the spiritual elements of your being.

**Ariadne Gorring** 

Since a couple of years I am guided by the wisdom, spiritual knowledge and competence of Katelijn. She has been my mentor guiding me on my path with one on one meditations/ inner journeys and by connecting myself on a deeper level with the spiritual world. She gives me instead of answers to the questions, the space to find with her guidance the answers in myself and it is profound. It is like guidance to get your own answers or the answers of the spiritual world and of your soul. It is amazing and I can recommend Katelijn also in this work for 100% when you are on your path and you would love to hear answers within yourself and would need guidance. I would not want to miss my sessions with her. I strongly feel the difference before and after our sessions. She is a woman with both feet on the ground, competent, intuitive and I can say when you need someone trustworthy, call Katelijn or book a meditation/ inner journey with her. Thank you Katelijn! I look forward to continue my steps with your guidance!

Kat has been a true gift in my life. In tough times and sadness Kat has been a great light to show me the way to wholeness and happiness. I love working with Kat and the dragons as she truly empowers me to heal myself. She has imparted me with so much of her knowledge and tools so I am equipped to deal with situations and emotions as they arise on my own. She is truly a beautiful kind hearted soul with a big heart filled with Compassion. Wanting to help people live better, healthier, happier lives. She has amazing intuition that is always so spot on in what she sees and does. I love that Kat can work remotely as well and has been a great help in times of travelling and being with sick loved ones. If you want to transform your life I couldn't recommend enough that you work with Kat.

Jo

